



Ocean  
spa

A SUN SIYAM SPA

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Overwater on Dream Island, Ocean Spa offering the best of the contemporary Spa experience for true bliss.

With a passion for bringing the best elements of nature for healing & relaxing journeys, Ocean Spa offers a curated collection of indulgent experiences designed to nurture you and to deliver an authentic spa experience based on your wellness goal:

**Soothing**

Enhance relaxation and reduce stress to achieve a harmonious balance between body, mind and spirit

**Uplifting**

Revitalise your inner strength while increasing vitality and balancing the body's energy

**Purifying**

Release stress through treatments that detoxify the body to regain equilibrium of the senses

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# JOURNEYS

Each of our spa journey is preluded with sea salt foot soak and scrub that cleanse your energy and prepares you for a rejuvenating experience.

## Pure Elements Soothing

180 minutes

### Body Scrub | Ocean Signature Massage | All Natural Facial

Capturing the purest elements of nature, this exclusive experience features a selection of fresh ingredients and exceptional therapies designed in harmony with the natural rhythms and the inherent needs of body and mind. Discover full body renewal through choice of body scrub then complemented with nourishing milk bath, a soothing signature massage to release muscle and mental strain, and all natural facial to address individual skin concerns and promote a healthy, radiant complexion.

## Radiance Soothing

150 minutes

### Crown Chakra Therapy | Body Scrub | Body Wrap | Refresher Facial

This decadent combination of treatments is perfect for those looking for a beautifying boost. The ritual commences with Crown Chakra Therapy to calm the mind, followed by skin nourishing session with aloe vera body exfoliation to shed dead skin cells, and aloe vera body cocoon to hydrate and promote radiance. A refresher facial to complete the journey. From head to toe, skin will feel softer, smoother and more radiant.

## Jet Lag Revival Purifying

120 minutes

### Herbal Revival Massage | Foot Massage

An invigorating ritual that eliminates toxins and puts you back on your dynamic liveliness. Muscle melting Herbal revival massage, followed by invigorating foot massage, leaving you content and refreshed.

## True Bliss Uplifting

120 minutes

### Warm Stone Massage | Refresher Facial

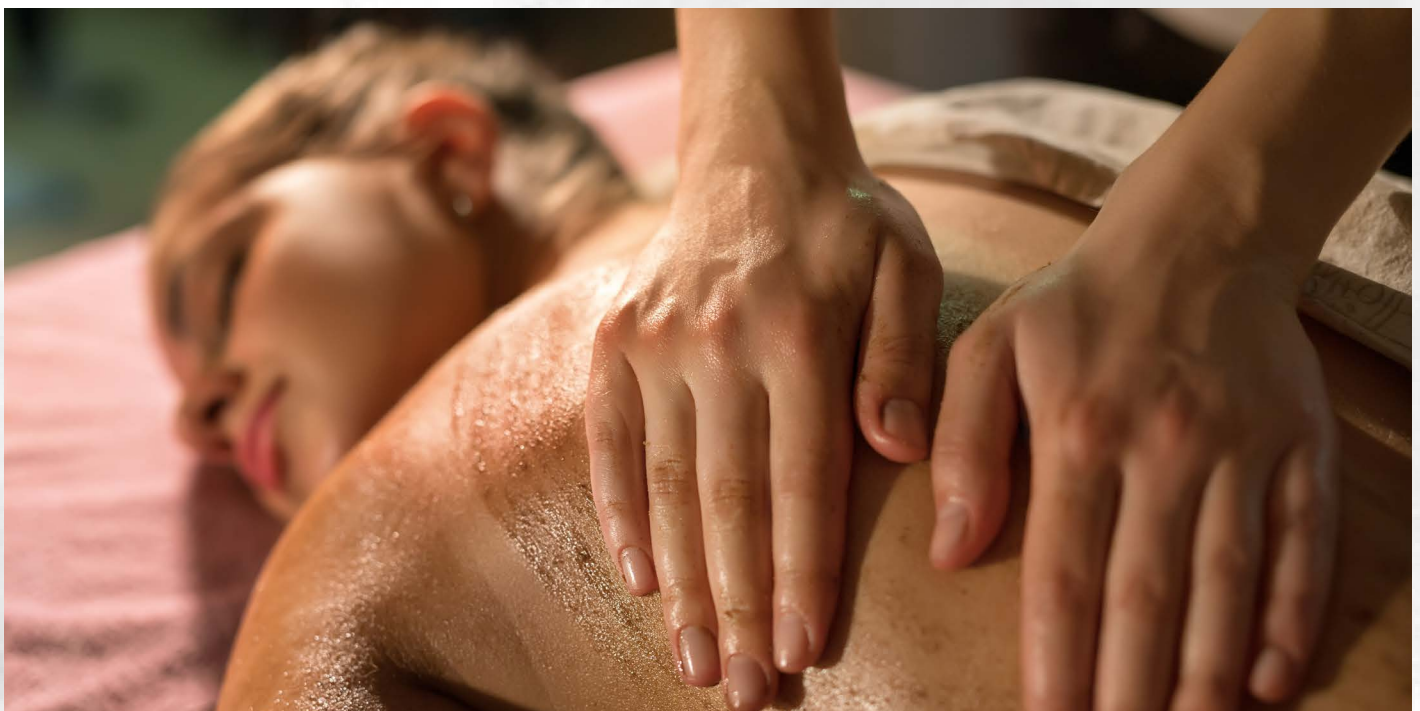
Your sensory journey begins with a warm stone massage to encourage deep relaxation. Warm stones are placed on key meridian points while a deeply therapeutic massage relieves aching muscles and quiets the mind. Your restorative journey closes with Refresher mini facial to release any remaining signs of stress.

## Instant Relief Uplifting

90 minutes

### Tension Relief Massage | Refresher Facial

Designed to promote an instant renewal for your exhausted physique, begin with deep tissue back massage then your restorative journey closes with all-natural mini facial to help you look and feel at your best.



# MASSAGES

## **Ocean Signature Massage Soothing**

**90 minutes**

A unique blend of different massage techniques of Shiatsu, Hawaiian Lomi-Lomi, Balinese and completed with sublime cool stones massage on your face. This massage is designed for deep relaxation, increasing blood circulation and release muscle tensions.

## **Yoga Massage Uplifting**

**90 minutes**

Your therapist will apply comfortable and appropriate pressure, using thumbs and palms, along the energy meridians to guide you and your body through this 5,000-year-old self-healing ritual. Excellent for rebalancing energy flow and restoring the natural equilibrium of the mind and body, you will be wearing comfortable clothing as your therapist guides your body through a series of asanas.

## **Herbal Revival Massage Purifying**

**90 minutes**

This aromatherapy massage blends customized essential-oil infusions with warm herbal compresses and therapeutic techniques to melt stiffness along tension area of body. Deliver you the ultimate experience to dissolve stress and balance the body's internal rhythm.

## **Warm Stone Massage Soothing**

**90 minutes**

Smooth, heated stones are applied to your body in a pattern that renews tired muscles and soothes an anxious mind. The heat from the stones radiates deep into your body, leaving you feeling grounded and rejuvenated.

## **Balinese Massage Soothing**

**60 / 90 minutes**

This traditional Balinese therapy employs age-old techniques including stretching, long strokes, skin rolling and firm applications of pressure to release tension and enhance flexibility. By incorporating aromatic oil you'll experience a surge in energy.

## **Tension Relief Massage Uplifting**

**60 minutes**

A therapeutic, slow, deep massage strokes deliver pressure to the inner layers of muscles and connective tissue to ease tightly-held tension on the back and upper body area.

## **Reflexology Purifying**

**60 minutes**

Utilizing the traditional healing art of specialized massage techniques, therapist concentrates on reflex areas in the feet that correspond to particular areas of body, stimulating and improving your overall physical, mental, and emotional well-being.

# BODY EXFOLIATE

## Coconut Scrub Soothing

60 minutes

Savour the rich, natural goodness of this delightful body scrub as it combines the exfoliating properties of coconut meat with brown sugar to tighten your pores. The extra virgin coconut oil is then applied for its powerful moisturizing properties. A healthy dose of lemon rind and citrus oil deeply cleanse the body for luscious looking skin.

## Crushed Coffee and Vanilla Uplifting

60 minutes

A blend of native vanilla pods along with crushed coffee beans is applied to the skin and, using specialized touch therapies, is gently massaged into your body to warm up the tissues, boost circulation of the blood, and increase metabolism leaving your skin smooth and emotions re-charged.

## Royal Lulur Purifying

60 minutes

A traditional Javanese royal beauty ritual, this aromatic treatment will soften and refine your skin as it gently exfoliates. After, a fresh yogurt splash is used to nourish your skin. Ideal for oily and problem skins.

# BODY ENVELOPMENT

## Aloe Vera Wrap Soothing

60 minutes

Calm and soothe your skin with mask rich in cooling aloe vera, nature's most potent healing herb. This wonderfully cooling body mask will leave your skin cool, while a scalp massage will sooth your mind. It is recommended for those with problem skin, sunburn or very sensitive skin.

## Moringa Detox Purifying

60 minutes

Body mask made from powerful herb that has many antioxidants. Promote healthy skin and natural beauty. It best aids helping to remove toxins as well as tone your skin.

# FACIALS

## All Natural Tropical Facial

60 minutes

Pamper your skin with nature's revitalizing and beautifying properties and emerge radiant with an all-natural glow. With the use of natural ingredients and combination of coupled light touches and soft strokes, this facial will help detoxify and improve skin lymph flow as a youthful effect.

## Fragrance Facial

60 minutes

With excellent emollient properties delicately fragrant, this facial use rose essential oil to soothe the skin, rich in vitamin E as a natural antioxidant. Deeply nourishing and suitable for sensitive skin types, this facial will leave your skin silky smooth and moisturized.

# PRICES

## JOURNEYS

<b>Pure Elements</b> <i>Soothing</i> Ocean Signature Massage   Body Scrub   Milk Bath   All Natural Facial	180 minutes	\$575 per couple	\$315 per person
<b>Radiance</b> <i>Soothing</i> Crown Chakra Therapy   Body Scrub   Body Wrap   Refresher Facial	150 minutes	\$515 per couple	\$265 per person
<b>Jet Lag Revival</b> <i>Purifying</i> Thai Herbal Massage   Foot Massage	120 minutes	\$455 per couple	\$240 per person
<b>True Bliss</b> <i>Uplifting</i> Warm Stone Massage   Refresher Facial	120 minutes	\$455 per couple	\$240 per person
<b>Instant Relief</b> <i>Uplifting</i> Tension Relief Massage   Refresher Facial	90 minutes	\$395 per couple	\$225 per person

## MASSAGES

<b>Ocean Signature Massage</b> <i>Soothing</i>	90 minutes	\$225 per person
<b>Yoga Massage</b> <i>Uplifting</i>	90 minutes	\$225 per person
<b>Herbal Revival Massage</b> <i>Purifying</i>	90 minutes	\$225 per person
<b>Warm Stone Massage</b> <i>Soothing</i>	90 minutes	\$225 per person
<b>Balinese Massage</b> <i>Soothing</i>	90 minutes	\$225 per person
<b>Balinese Massage</b> <i>Soothing</i>	60 minutes	\$165 per person
<b>Tension Relief Massage</b> <i>Uplifting</i>	60 minutes	\$165 per person
<b>Reflexology</b> <i>Purifying</i>	60 minutes	\$165 per person

## BODY EXFOLIATE

<b>Coconut Scrub</b> <i>Soothing</i>	60 minutes	\$155 per person
<b>Crushed Coffee and Vanilla</b> <i>Uplifting</i>	60 minutes	\$155 per person
<b>Royal Lulur</b> <i>Purifying</i>	60 minutes	\$155 per person

## BODY ENVELOPMENT

<b>Aloe Vera Wrap</b> <i>Soothing</i>	60 minutes	\$155 per person
<b>Moringa Detox</b> <i>Purifying</i>	60 minutes	\$155 per person

## FACIALS

<b>All Natural Tropical Facial</b>	60 minutes	\$155 per person
<b>Fragrance Facial</b>	60 minutes	\$155 per person

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All prices are in US Dollars, includes 10% service charge and applicable taxes.